

Shannon Gray, *Community Health Coordinator*

Employee Health and Wellness

Trivia Challenge:

I have put together 3 separate Lowell history trivia challenges for the City of Lowell employees. There is 9 questions in each trivia challenge with 3 opportunities per challenge to get out into the community and send a photo at the trivia destination for bonus points. As of now I have launched and completed the first and second trivia challenge. There was a positive outcome of 32 participants for the first challenge and 21 for the second. The third trivia challenge is currently live and will close at the end of September.

Fall 2021 / Spring 2022 Intern:

My intern from UMass Lowell, Andrew Bell, started working with the Lowell Health Department September 7th. Andrew is interning 10 hours a week through April 29th. He is working on the City of Lowell Employee Health and Wellness program. Andrew has been familiarizing himself with different health topics the employees of Lowell may be interested in. He has created a survey to gauge the interests of each topic that will be send out to the City of Lowell employees September 27th. This survey will gather feedback for one week before Andrew starts to analyze the results and create a report to share.

Community Health Coordinator Updates

Monthly Awareness Flyer:

I designed and release a Blood Cancer Awareness flyer as the awareness theme for September. This flyer included a description of what Blood Cancer is, statistics on individuals in the United States diagnosed with or in remission from Blood Cancer, and statistics on the death rate from Blood Cancer. This flyer also included symptoms individuals could be on the lookout for! The flyer was shared with community partners who were encouraged to print or virtually share this resource with their populations. Andrew will be taking over the awareness flyers for the remainder of his time with the department.

Meet Our Staff LHD Newsletters:

I have been working on newsletters for each of the 6 divisions found within the Lowell Health Department. These newsletters include information on the division, what they can do for the community, and the staff that work within the division. Each staff member will have a photo and bio blurb attached to allow the community to put a face to a name and also get to know our staff a little more! These newsletters will be launching monthly. The Public Health Division was launched for the month of September. This newsletter was shared through the Lowell Health Departments subscription list, through the Lowell Health Department, and on the City website.